



Did you know??

The first Superbowl was on
January 15, 1967



February Outings



Mystic Lake
Casino

Friday February 16th
1:00-4:30PM



WEDNESDAY
FEBRUARY 21ST
1:30-3:30PM

MINNESOTA
STATE CAPITOL
TOUR

ROUND LAKE
SENIOR LIVING

Round Lake Senior Living | 1740 Parkshore Drive, Arden Hills, MN 55112 | (952) 679-7804

ROUND LAKE
SENIOR LIVING

Age Magnificently
February 2024



Our Community Newsletter

Discover what's going on in your neck of the woods

Let's Celebrate!

Staff Birthdays

Latifah 2/7	Chace 2/25
Negassa 2/10	Love 2/28
Isaiah 2/17	Lolita 2/28
Angela 2/21	

Resident Birthdays

James H. 2/2	108
Duane N. 2/4	309
Steve A. 2/9	112
Sandra S. 2/11	300
Yvonne G. 2/12	227
Gayle R. 2/16	310
Meg M. 2/19	111
Alicia K. 2/19	143
Mark C. 2/21	134
Frank Z. 2/21	245

A Word from the "Looney Bin"

TRY-athlon Regular Season
January 16th- March 7th
Games Days: Tuesdays and Thursdays
Really Big Show: Fridays



Talk to Angela in Community Life or any of
our Loon team members to join!

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New Residents



Community Life



Recent Move-Ins

Beverly M. 242
Elvis N. 328
John N. 328

Sales & Marketing

Happy Birthday to Round Lake Senior Living. We celebrated our one-year birthday on January 16th. Thank you all for choosing to Age Magnificently with us here at Round Lake.

Refer a friend - If you refer a friend (or family member) and they move in, you will receive 500.00 off you rent for one month! If you have any questions, please reach out to Sara in our Marketing office.

Resident Directories have been updated. If you would like an updated copy, please see Sara and she can get you a printed copy.

Executive Director

Hello everyone!
It has been a bit of whirlwind here in the last month with a lot of fun and exciting changes. We celebrated ONE YEAR of being open in business on January 16th and we look forward to all the upcoming positive changes in this upcoming year.

Thank you in advance for your patience and cooperation as I tackle taking on additional responsibilities with the Asst. Executive Director and front desk openings. I appreciate your kind words and encouragement! I am looking forward to our new Asst. Executive Director Pat Winsor starting on 2/19 and will be slowly transitioning into taking over the business office. Please feel free to continue contacting me with business office items until Pat is fully trained. If I don't know the answer I will always find it for you!

I also wanted to give you a heads up that I will be on my honeymoon vacation from 2/5-2/14. The entire leadership team is here for you if you should need anything during that timeframe. Thank you for helping create a beautiful community here at Round Lake!

-Katie Gillman



2/6 Catholic Mass

2/8 LIVE Music w/ Wes Miller

Dancing is encouraged!

2/11 Superbowl Party

2/14 Imposition of Ashes

2/14 Valentine's Day Party

2/16 Mystic Lake Casino Outing

2/21 Outing to MN State Capitol

2/28 Resident & Food Council

Please stop by the Community Life bulletin board on 2nd floor in the Hazelnut Room for more details about activities, flyers, outing sign ups, and special events.

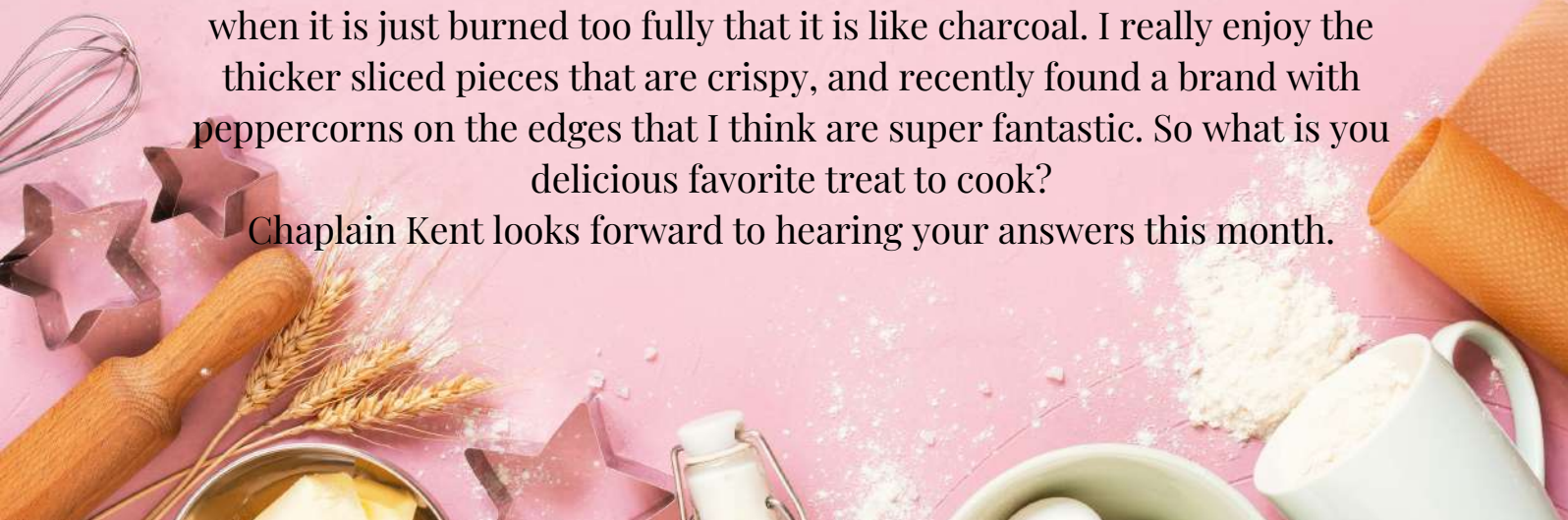


Chaplain Chat

QUESTION: What is one thing you love to bake/cook/make?

This may be my favorite question! Bacon. I love all sorts of bacon. Some prefer thick sliced over thin sliced. Others like it with a smokey overtone or maple syrup infusion. Some love it super crispy others less so. Honestly, I enjoy almost every piece of bacon I have ever tried. The one exception is when it is just burned too fully that it is like charcoal. I really enjoy the thicker sliced pieces that are crispy, and recently found a brand with peppercorns on the edges that I think are super fantastic. So what is your delicious favorite treat to cook?

Chaplain Kent looks forward to hearing your answers this month.



News from Nursing

Happy February from the Nursing Department!
We have some exciting things happening and want everyone to know!

First, we have a new RN starting with us! Her name is Aly Sprenger and she, along with Jessie Horan, RN, will be working together to oversee the Assisted Living Residents. Mai Palomino, RN, BSN will continue to oversee the Memory Care Residents until she departs for her maternity leave. At that time, Jessie and Aly will co-manage both Assisted Living and Memory Care until Mai's return.

Second, if you have received new insurance cards since the first of the year and are an Assisted Living or Memory Care Resident, please bring those to the front desk so we can make a copy for your resident chart.

And third, as we enter winter and expect to see a change in the weather, please be aware of possible ice and snow and utilize your walkers/canes/wheelchairs to be as safe as possible, or ask for help to prevent falls.

Kristina Reiling, RN
Director of Health Services

Department Updates

Unfortunately, we are still searching for the Administrative Assistant who will be taking over front desk duties. In the meantime, our leadership team are tackling the front desk coverage. Please be kind and gracious to them during this time!

Dietary

We have a few new staff members added to our team. Welcome Melita, Equita, and RJ to our team!

Business Office

Reminder that all payments are due each month by the 5th or else a \$50 late fee will be incurred. Please submit payments timely so we can keep to our billing cycle and schedule.

We are delivering monthly statements to resident doors if you pay your own bill. If family members pay the bill, their statements will be mailed.



Shopping Shuttle

Every Tuesday at 10AM the New Trax bus will shuttle residents on a shopping loop. You have one hour to shop and will be returned to our building. Free service.

For more information, please pick up a flyer in Hazelnut Room (2) or speak with Angela in Community Life.

Friendly Reminder

If you use the community laundry room on 3rd floor, please be timely about picking up your laundry and be respectful of the shared space.

Resident Fun Fact!

Jim D. was a hockey goalie late into his adult years.

February 2024

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

DR - Dining Room
F - Fitness (-1)
H - Hazelnut (2)
L - Lobby (1)
MC - Memory Care (1)
MP - Multi-Purpose Room
P - Pub (-1)
W - Workshop (-1)

Activities are subject to change. Updates as needed will be posted at front desk and in Hazelnut Room.

1
H FREE TABLE
L 11:00 Walkin' & Searchin'
H 12:45 TRY-athlon Game Day
H 2:00 Myths & Theories: Kennedy Assassination
MC 3:00 Mocktail Hour
DR 6:00 Mahjong (R)

2 **Groundhog Day**
W 10:00 Relax-A-Crafting
F 11:00 "Havin' A Ball!"
H 1:00 The Really Big Show
P 2:00 Cribbage Card Game
P 3:00 Happy Hour

3
H 10:00 Streaming Chair Yoga
L 11:00 Walking Group (R)
MC 1:00 Oldies Sing-A-Long
H 2:30 TED Talk: What Makes A Good Life?

4
H 10:00 Streaming Catholic Mass
H 10:30 Streaming Lutheran Service
L 11:00 Walking Group (R)
DR 2:00 Coffee & Current Events (R)

5
F 11:00 "Band Together!"
H 1:00 Manicures
MC 2:30 Left, Right, Center Dice
MP 3:30 Bingo
L 6:00 Brain Games (R)

6
DR 10:00 Coffee Chat w/ Kent
L 10:00 Shopping Shuttle
H 11:00 Walkin' & Rollin' (R)
H 12:30 Catholic Mass
H 12:45 TRY-athlon Game Day
H 2:00 Forklift Practice
H 3:00 Community Worship

7
H 10:00 Aerial America
F 11:00 "Wednesdays Weights"
MP 1:00 Couples Shoe Game!
H 2:30 Popdarts Game
MP 3:30 Bingo

8
L 11:00 Walkin' & Searchin'
H 12:45 TRY-athlon Game Day
MC 2:00 LIVE Music w/ Wes Miller
MC 3:00 Mocktail Hour
DR 6:00 Mahjong (R)

9
W 10:00 Relax-A-Crafting
F 11:00 "Havin' A Ball!"
H 1:00 The Really Big Show
P 2:00 "500" Card Game
P 3:00 Happy Hour

10 **Chinese New Year**
H 10:00 Streaming Chair Yoga
L 11:00 Walking Group (R)
MC 1:00 Oldies Sing-A-Long
H 2:30 TED Talk: What is Love? A Journey Through the Heart

11
H 10:00 Streaming Catholic Mass
H 10:30 Streaming Lutheran Service
L 11:00 Walking Group (R)
DR 2:00 Coffee & Current Events (R)
H 6:30 Superbowl LVIII Party

12
F 11:00 "Band Together!"
H 1:00 Manicures
MC 2:30 Yahtzee Dice
MP 3:30 Bingo
L 6:00 Brain Games (R)

13
L 10:00 Shopping Shuttle
L 11:00 Walkin' & Rollin' (R)
H 12:45 TRY-athlon Game Day
H 2:00 Forklift Practice
H 3:00 Devotional s

14 **Valentine's Day**
H 10:00 Aerial America
F 11:00 "Wednesdays Weights"
H 12:30 Imposition of Ashes
H 1:00 Grief Conversations
MP 2:30 Valentine's Day Party
MP 3:30 Bingo

15
L 11:00 Walkin' & Searchin'
H 12:45 TRY-athlon Game Day
H 2:00 Rummikub Tile Game
MC 3:00 Mocktail Hour
DR 6:00 Mahjong (R)

16
W 10:00 Relax-A-Crafting
F 11:00 "Havin' A Ball!"
L 1:00 Mystic Lake Casino
H 1:00 The Really Big Show
P 2:00 Cribbage Card
P 3:00 Game Happy Hour

17
H 10:00 Streaming Chair Yoga
L 11:00 Walking Group (R)
MC 1:00 Oldies Sing-A-Long
H 2:30 TED Talk: How to Manage Your Mental Health

18
H 10:00 Streaming Catholic Mass
H 10:30 Streaming Lutheran Service
L 11:00 Walking Group (R)
DR 2:00 Coffee & Current Events (R)

19 **Presidents' Day**
F 11:00 "Band Together!"
H 1:00 Manicures
MC 2:30 Farkle Dice
MP 3:30 Bingo
L 6:00 Brain Games (R)

20
DR 10:00 Coffee Chat w/ Kent
L 10:00 Shopping Shuttle
L 11:00 Walkin' & Rollin' (R)
H 12:45 TRY-athlon Game Day
H 2:00 Forklift Practice
H 3:00 Community Worship

21
H 10:00 Aerial America
F 11:00 "Wednesdays Weights"
H 1:00 Popdarts Game
L 1:30 MN State Capitol Tour
MP 3:30 Bingo

22
L 11:00 Walkin' & Searchin'
H 12:45 TRY-athlon Game Day
H 2:00 Scrabble Game
MC 3:00 Mocktail Hour
DR 6:00 Mahjong (R)

23
W 10:00 Relax-A-Crafting
F 11:00 "Havin' A Ball!"
H 1:00 The Really Big Show
P 2:00 "500" Card Game
P 3:00 Happy Hour

24
H 10:00 Streaming Chair Yoga
L 11:00 Walking Group (R)
MC 1:00 Oldies Sing-A-Long
H 2:30 TED Talk: Growing Old Is a Blessing

25
H 10:00 Streaming Catholic Mass
H 10:30 Streaming Lutheran Service
L 11:00 Walking Group (R)
DR 2:00 Coffee & Current Events (R)

26
F 11:00 "Band Together!"
H 1:00 Manicures
MC 2:30 Yahtzee Dice
MP 3:30 Bingo
L 6:00 Brain Games (R)

27
DR 10:00 Coffee Chat w/ Kent
L 10:00 Shopping Shuttle
L 11:00 Walkin' & Rollin' (R)
H 12:45 TRY-athlon Game Day
H 2:00 Forklift Practice
H 3:00 Grief Conversations

28
H 10:00 Aerial America
F 11:00 "Wednesdays Weights"
MC 1:00 Sensory Exploration: "That's A more"
H 2:00 Resident & Food Council
MP 3:30 Bingo

29
L 11:00 Walkin' & Searchin'
H 12:45 TRY-athlon Game Day
H 2:00 Uno Card Game
MC 3:00 Mocktail Hour
DR 6:00 Mahjong (R)