



Did you know??

Earth Day is on...  
April 22nd

Support environmental protection!



## Our Community Newsletter

Discover what's going on in your neck of the woods

## April Outings



Target Shopping  
Outing

Thursday April 4th  
12:30-2:30PM



Mystic Lake  
Casino

Thursday April 11th  
1:00-4:30PM

ROUND LAKE  
SENIOR LIVING

Round Lake Senior Living | 1740 Parkshore Drive, Arden Hills, MN 55112 | (952) 679-7804

## Let's Celebrate!

### Staff Birthdays

Katie G. 4/2  
Rhoda I. 4/5  
Princess V. 4/10  
Josephine S. 4/14  
Laura S. 4/18  
Rashida E. 4/29

### Resident Birthdays

Dorothy R. 4/8 228  
Donna B. 4/14 302  
Pat K. 4/26 229

## A Word from the "Looney Bin"

We took 3rd place in the TRY-athlon  
Competition! Congrats Loons!



Forklift Racing begins April 16th. Game Days  
will take place every Tuesday at 1:00PM  
See Angela for more details!

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## New Residents



### Recent Move-Ins

Bob V. 236  
 Marge V. 128  
 Millie R. 316  
 Daryl R. 316



### Sales & Marketing

Katie and Marcus are covering in Marketing Department. We are actively hiring for a Marketing Director.



## Community Life



- 4/2 Catholic Mass
- 4/3 Bunny Besties
- 4/4 FREE TABLE!!
- 4/4 Target Outing
- 4/10 Deputy Ouellette Speaker
- 4/11 Mystic Lake Casino Outing
- 4/16 Forklift Racing Begins!
- 4/17 Parade of Apartments
- 4/18 Live Music w/ Darlin' Jesse
- 4/24 Carnival Fun
- 4/25 Resident & Food Council
- 4/25 Live Music w/ North Suburban Chorus
- 4/25 Evening Bingo



**Please stop by the Community Life bulletin board on 2nd floor in the Hazelnut Room for more details about activities, flyers, outing sign ups, and special events.**



## Executive Director

Hello everyone!!! It has been a very busy month with overseeing marketing duties and getting our new team members settled in. We are so fortunate to have Stacey rocking the front desk and Pat tackling the business office! Thank you to them for all of their hard work! Transitions can be tough—but we have a wonderful team here at Round Lake.

Coming up in the month of April we have some fun marketing events to mark your calendars! We are part of the Senior Living Bus Tour that will bring about 14 prospective residents into our community on April 9th. We also will be hosting a lovely event on April 24th handing out the senior living guidebooks. We have decided on a fun carnival theme for this event and will have yummy treats and games for all to play. Please join us!

Thank you all for your patience, understanding, and support as I juggle multiple roles. I am so blessed to be part of this family!

-Katie Gillman



**Join us for Relax-a-Crafting!  
Fridays at 10:00AM in the lower level workshop.**

*New Spring designs have been created!*

*Come try your hand at watercolor pencil meditative drawing. Together we have fun, relax, and art happens.*

**Norovirus Update:**

REEMINDER- Please wash your hands before and after every meal, after using the restroom, if you cough or sneeze, and generally throughout the day. We are disinfecting during the day, but proper hand hygiene is the best way to prevent the spread of illness.

If you are experiencing symptoms of diarrhea or vomiting, please stay in your room. Push fluids and rest.

If Round Lake manages you or your loved ones medications, please do NOT purchase your own medication from another pharmacy. If you do want to order from another pharmacy, we need to assess a fee service since they package differently.

**Business Office**

I want to start off thanking everyone I've met in my new role here at Round Lake. You have all been so wonderful.

I have some news from the business office to share as well. We have electronic payment capability. On the Round Lake web page <https://roundlakeseniorliving.com>, you can now navigate to online payments. You should have received a set of instructions in your last statement. If you did not receive those instructions or need an extra copy, they will be available at the front desk. During our resident council, there was interest shown for an instructional tour of this online process. This took place on 3/29. However, we will work on scheduling a second session for April. If you have immediate needs feel free to reach out to myself.

- Pat Winsor



**Maintenance**

Please visit the front desk to submit maintenance requests. This will ensure work orders are inputted in our TELS system.  
Thank you!

**Dietary**

Friendly Reminder of the designated dining room hours:  
Breakfast 7:30AM-9:00AM  
Lunch 11:30AM-1:00PM  
Dinner 4:30PM-6:00PM

**Newspapers**

Please do NOT take a newspaper unless it is in the gold basket at the front desk. Newspapers in the lobby with a room number written on them are paid for personally by residents. We have had an uptick in missing newspapers....

**Garage Parking**

Garage Parking is reserved for residents who pay \$80/month. Please only park in your own reserved parking spot.

# WE ARE STRONGER TOGETHER



Join your community's Forklift Racing Team to compete in the National Forklift Racing League (NFRL)! Success in the NFRL demands a generous portion of teamwork, strategy, and practice. The NFRL improves hand-eye coordination, mental acuity, and mood while reducing social isolation.



1:10 Scale, High-Powered, Full Function, RC Forklifts

### HOW IT WORKS:

Teams of 4 work together using remote controlled forklifts to move loads from one location to another faster than their competitors during a weekly match. Each community may have up to 4 squads competing, with 4 shifts in each match, with a total of 16 people and additional subs if needed. Teams compete against other Senior Living communities in MN and WI for an 8 week racing season.

### WE HAVE POSITIONS FOR EVERYONE! How to get involved:

1. Sign up to drive a forklift and be a member of your community's squad of forklift racers!
2. Sign up to be part of the Cheer Squad and help build enthusiasm during competitions!
3. Sign up to a Scorekeeper and track the crates being moved from the arena to the lot!
4. Sign up to be a Flag Bearer and ensure that your opposing team knows if your team is moving Red or Green crates!
5. Sign up to be part of the Pit Crew to make sure all the forklifts are properly maintained.

### Scrimmage Match on April 16 and Competition begins April 23

All residents are invited to participate. There is no cost to participate.

Learn more by speaking with: Angela Rodriguez

The National Forklift Racing League is brought to you by:  
Spark and the Lifespark Lodge

