

November 2024 - Assisted Living & Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DR Dining Room F Fitness FS Fire Side H Hazelnut L Lobby MP Multipurpose Room P Pub PD Private Dining W Workshop					
10:00 Streaming Catholic Mass [H] 3 10:30 Streaming Lutheran Service [H] 12:00 Vikings Game [H] 3:00 Movie Matinee Reshowing [H]	11:00 EXERCISE: Stretching [F] 4 11:30 OUTING: Culvers Lunch [L] 1:00 Manicures [FS] 3:30 Bingo [MP] 6:00 Brain Games (R) [L]	Election Day 5 9:30 Catholic Mass [H] 10:00 Coffee Chat (R) [PD] 11:00 EXERCISE: Chair Yoga [F] 12:45 LOONS: Deep Dive [H] 3:00 Let's Talk Crafts (R) [PD] 6:00 Game Night! [PD]	10:00 Aerial America [H] 6 11:00 EXERCISE: Basic Weights [F] 12:45 LOONS: Game Day [H] 2:30 Community Worship [H] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	FREE Table [H] 7 9:00 AARP Safe Driving Course-Registration Required 10:30 Movie Matinee [H] 11:00 Scavenger Hunt [L] 1:00 Crafty Corner [FS] 3:00 Coffee Chat: Recipes [PD] 6:00 Card Club (R) [DR]	10:00 Relax-a-Crafting [W] 1 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 LOONS: Really Big Show! [H] 1:30 Wellness Guest Speaker [H] 3:00 Happy Hour: Costume Party! [MP]	11:00 Walkin' & Rollin' (R) [L] 2 1:00 Oldies Sing-a-long [FS] 3:00 YouTube Documentary [H]
10:00 Streaming Catholic Mass [H] 10 10:30 Streaming Lutheran Service [H] 12:00 Vikings Game [H] 3:00 Movie Matinee Reshowing [H]	Veterans Day 11 11:00 EXERCISE: Stretching [F] 12:30 VFW Veterans Day Service [H] 1:00 Manicures [FS] 3:30 Bingo [MP] 6:00 Brain Games (R) [L]	10:00 Coffee Chat (R) [PD] 12 11:00 EXERCISE: Chair Yoga [F] 12:45 LOONS: Deep Dive [H] 3:00 Let's Talk Crafts (R) [PD] 6:00 Game Night! [PD]	10:00 Aerial America [H] 13 11:00 EXERCISE: Basic Weights [F] 12:45 LOONS: Game Day [H] 2:00 Food Council [H] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	10:30 Movie Matinee [H] 14 11:00 Scavenger Hunt [L] 1:00 Crafty Corner [FS] 3:00 Coffee Chat: Recipes [PD] 6:00 Evening Bingo [MP]	10:00 Relax-a-Crafting [W] 15 11:00 EXERCISE: "Havin' a Ball" [F] 12:30 OUTING: Casino [L] 1:00 LOONS: Really Big Show! [H] 3:00 Happy Hour [P]	11:00 Walkin' & Rollin' (R) [L] 16 1:00 Oldies Sing-a-long [FS] 3:00 YouTube Documentary [H]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Streaming Catholic Mass [H] 17 10:30 Streaming Lutheran Service [H] 12:00 Vikings Game [H] 3:00 Movie Matinee Reshowing [H]	11:00 EXERCISE: Stretching [F] 18 1:00 Manicures [FS] 2:00 LIVE MUSIC: Tim Patrick [MP] 3:30 Bingo [MP] 6:00 Brain Games (R) [L]	9:30 Catholic Communion [H] 19 10:00 Coffee Chat (R) [PD] 11:00 EXERCISE: Chair Yoga [F] 12:45 LOONS: Deep Dive [H] 3:00 Let's Talk Crafts (R) [PD] 6:00 PERFORMANCE: Irondale Music Honors Society [MP]	10:00 Aerial America [H] 20 11:00 EXERCISE: Basic Weights [F] 12:45 LOONS: Game Day [H] 2:30 Community Worship [H] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	10:30 Movie Matinee [H] 21 11:00 Scavenger Hunt [L] 1:00 Crafty Corner [FS] 3:00 Coffee Chat: Recipes [PD] 6:00 Card Club (R) [DR]	10:00 Relax-a-Crafting [W] 22 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 LOONS: Really Big Show! [H] 1:30 Grief Conversations [H] 3:00 Happy Hour [P]	11:00 Walkin' & Rollin' (R) [L] 23 1:00 Oldies Sing-a-long [FS] 3:00 YouTube Documentary [H]
10:00 Streaming Catholic Mass [H] 24 10:30 Streaming Lutheran Service [H] 12:00 Vikings Game [H] 3:00 Movie Matinee Reshowing [H]	11:00 EXERCISE: Stretching [F] 25 1:00 Manicures [FS] 2:00 Seasonal Baking [H] 3:30 Bingo [MP] 6:00 Brain Games (R) [L]	10:00 Coffee Chat (R) [PD] 26 11:00 EXERCISE: Chair Yoga [F] 2:00 Gratitude Journaling [H] 3:00 Let's Talk Crafts (R) [PD] 6:00 Game Night! [PD]	10:00 Aerial America [H] 27 11:00 EXERCISE: Basic Weights [F] 2:00 Resident Council [H] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	Holiday Packet [L] 28 Thanksgiving Day	Day after Thanksgiving Day 29 10:00 Relax-a-Crafting [W] 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 OUTING: Community Outreach [L] 3:00 Happy Hour [P]	11:00 Walkin' & Rollin' (R) [L] 30 1:00 Oldies Sing-a-long [FS] 3:00 YouTube Documentary [H]