


January 2025 - Assisted Living & Independent Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DR Dining Room (1) F Fitness (-1) FS Fire Side (MC) H Hazelnut (2) L Lobby (1) MC Memory Care (1) MP Multipurpose Room (-1) P Pub (-1) PD Private Dining (1) RM 346 W Workshop (-1)		Holiday Packet [L] 1 New Year's Day	FREE TABLE [H] 2 11:00 EXERCISE: Stretching [F] 2:00 Live Music w/ Gary LaRue [MP] 2:00 Lifelong Learning Event [H] 3:00 Let's Talk Crafts (R) [PD] 6:00 Card Club (R) [DR]	10:00 Relax-a-Crafting [W] 3 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 LOONS: TRY-athlon Practice [H] 3:00 Happy Hour [P] 6:00 Brain Games (R) [L]	1:00 Trivia (R) [DR] 4 3:00 YouTube Documentary [H]
10:00 Streaming Catholic Mass [H] 5 10:30 Streaming Lutheran Service [H] 3:00 Movie Matinee Reshowing [H] 3:15 Group Karaoke [FS]	11:00 EXERCISE: Basic Weights [F] 6 1:00 Manicures [FS] 2:00 Quarterly Calendar Building [H] 3:30 Bingo [MP] 6:00 Game Night [DR]	9:30 Catholic Mass [H] 7 10:00 Coffee Chat (R) [DR] 11:00 EXERCISE: Chair Yoga [F] 1:00 Rummikub Game [P] 3:00 Book Club [DR] 6:00 Family Council [H]	10:00 Aerial America [H] 8 11:00 EXERCISE: Basic Weights [F] 1:00 Service of Remembrance [H] 2:00 Live Music w/ High Water Band [MP] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	11:00 EXERCISE: Stretching [F] 9 1:00 2024 Season Really Big Awards Show [H] 3:00 Let's Talk Crafts (R) [PD] 5:30 Sip and Paint! [W]	10:00 Relax-a-Crafting [W] 10 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 LOONS: TRY-athlon Practice [H] 1:30 Grief Conversations [H] 3:00 Happy Hour [P] 6:00 Brain Games (R) [L]	1:00 Trivia (R) [DR] 11 3:00 YouTube Documentary [H]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Streaming Catholic Mass [H] 12 10:30 Streaming Lutheran Service [H] 3:00 Movie Matinee Reshowing [H] 3:15 Group Karaoke [FS]	11:00 EXERCISE: Basic Weights [F] 13 1:00 Manicures [FS] 2:00 Training on Exercise Equipment [F] 3:30 Bingo [MP] 6:00 Game Night [DR]	10:00 Coffee Chat (R) [DR] 14 11:00 EXERCISE: Chair Yoga [F] 12:45 LOONS: TRY-athlon Game Day [H] 3:00 Book Club [DR] 6:00 Bocce Ball Tournament [F]	10:00 Aerial America [H] 15 11:00 EXERCISE: Basic Weights [F] 1:00 Food Council [H] 2:30 Community Worship [H] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	9:00 AARP Safe Driving Class [MP] 16 11:00 EXERCISE: Stretching [F] 12:45 LOONS: TRY-athlon Game Day [H] 3:00 Let's Talk Crafts (R) [PD] 6:00 Karaoke! [P]	10:00 Relax-a-Crafting [W] 17 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 LOONS: TRY-athlon Practice [H] 3:00 Happy Hour [P] 6:00 Brain Games (R) [L]	1:00 Trivia (R) [DR] 18 3:00 YouTube Documentary [H]
10:00 Streaming Catholic Mass [H] 19 10:30 Streaming Lutheran Service [H] 3:00 Movie Matinee Reshowing [H] 3:15 Group Karaoke [FS]	Martin Luther King Jr. Day 20 11:00 EXERCISE: Basic Weights [F] 1:00 Manicures [FS] 2:00 Guest Speaker Deputy Ouellette [H] 3:30 Bingo [MP] 6:00 Game Night [DR]	9:30 Catholic Communion [H] 21 10:00 Coffee Chat (R) [DR] 11:00 EXERCISE: Chair Yoga [F] 12:45 LOONS: TRY-athlon Game Day [H] 3:00 Book Club [DR] 6:00 "500" Card Game [H]	10:00 Aerial America [H] 22 11:00 EXERCISE: Basic Weights [F] 2:00 Resident Council [H] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	11:00 EXERCISE: Stretching [F] 23 12:45 LOONS: TRY-athlon Game Day [H] 3:00 Let's Talk Crafts (R) [PD] 6:00 Evening Bingo [MP]	10:00 Relax-a-Crafting [W] 24 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 LOONS: TRY-athlon Practice [H] 1:30 Grief Conversations [H] 3:00 Happy Hour [P] 6:00 Brain Games (R) [L]	1:00 Trivia (R) [DR] 25 3:00 YouTube Documentary [H]
10:00 Streaming Catholic Mass [H] 26 10:30 Streaming Lutheran Service [H] 2:00 Irondale Students Small Ensemble Performance [MP] 3:00 Movie Matinee Reshowing [H] 3:15 Group Karaoke [FS]	WINTER WEEK: Cozy Clothes OR Blue 27 11:00 EXERCISE: Basic Weights [F] 1:00 Manicures [FS] 2:30 Puzzle Competition [H] 3:30 Bingo [MP] 6:00 Game Night [DR]	WINTER WEEK: Sweater OR White 28 10:00 OUTING: Key's Cafe Breakfast [L] 11:00 EXERCISE: Chair Yoga [F] 12:45 LOONS: TRY-athlon Game Day [H] 3:00 Social Hour [MC] 6:00 Spa Night! [H]	WINTER WEEK: Stocking Cap OR Grey 29 10:00 Aerial America [H] 11:00 EXERCISE: Basic Weights [F] 1:00 Parade of Apartments [L] 3:00 Coffee & Cocoa Cart [L] 3:30 Bingo [MP] 6:00 Mahjong (R) [DR]	WINTER WEEK: Fuzzy Socks OR Pink 30 11:00 EXERCISE: Stretching [F] 12:45 LOONS: TRY-athlon Game Day [H] 3:00 Let's Bake! [H] 6:00 Indoor S'mores [P]	WINTER WEEK: Flannel OR Purple 31 10:00 Relax-a-Crafting [W] 11:00 EXERCISE: "Havin' a Ball" [F] 1:00 LOONS: TRY-athlon Practice [H] 3:00 Welcome Happy Hour! [P] 6:00 Brain Games (R) [L]	